

## Foreword

The key challenge faced by the author of an instructive handbook is to convey their professional experience and expertise in a manner that is clear and engaging, so that the reader can appreciate, understand, and integrate new constructs into their own professional life. An unsuccessful result can be overwhelming, tedious, and have little lasting impact. When an author is successful, on the other hand, the reader is engaged and eager to apply the learnings to their own work.

Through her *La Maison du Parc* series, Kathleen is unquestionably the latter. Leveraging years of academic and applied experience as an Executive Coach, she has developed a rigorous, intelligent, and appealing educational novel series. She deftly provides key coaching principles, tools, and processes necessary for the building and maintenance of a Character Culture, supporting it all with easy-to-reference research.

Kathleen articulates the knowledge, attitudes, and behaviours necessary to be an effective coach with a fictional narrative that includes relatable characters and relevant scenarios. The reader sees the power of coaching models and principles as they might be applied by real-world leaders facing the complexities of workplace change, staffing uncertainties, and ethical conflicts. As an educator and a behavioural change strategist, I understand the value of her approach. As a reader and a learner, I improved my skill set and thoroughly enjoyed the experience.

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